

# Growing Community Gardener Survey



## Youth Gardener Survey

*This survey is being used to get your opinions on the Growing Community garden so we can improve it for you and others. We are interested in your honest answers. For example, some gardeners may have made changes to their diet as a result of participating in the garden. Others will not have changed. Please do not put your name on this survey. Your answers are completely private.*

1. How long have you been working at the Growing Community garden?

\_\_\_\_\_ weeks OR \_\_\_\_\_ months OR \_\_\_\_\_ years

2. How often do you usually participate in the Growing Community garden?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Daily            | <input type="checkbox"/> Once a week         | <input type="checkbox"/> Once a month           |
| <input type="checkbox"/> 4-5 times a week | <input type="checkbox"/> Two times a month   | <input type="checkbox"/> Less than once a month |
| <input type="checkbox"/> 2-3 times a week | <input type="checkbox"/> Three times a month |   |

3. What do you like best about coming to the Growing Community garden?

\_\_\_\_\_

4. What do you like least about coming to the Growing Community garden?

\_\_\_\_\_

5. Please rate each of the following aspects of working at the Growing Community garden.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	
	<u>Don't know</u>				
a. The location of the garden(s) (distance from your home).....	<input type="checkbox"/>				
b. The equipment provided to do the work.....	<input type="checkbox"/>				
c. The quality of the garden resources (soil, water, etc.).....	<input type="checkbox"/>				
d. The variety of food produced at the garden .....	<input type="checkbox"/>				

6. Please check the box below that comes closest to your opinion about {this garden}:

	<u>Yes</u>	<u>Kind of</u>	<u>Not really</u>
a. There are interesting activities at the Growing Community garden	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. I like coming to the Growing Community garden	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. There are rules I am expected to follow here	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. I feel safe at the Growing Community garden	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. I feel like people are happy to see me here	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- f. Staff care about me .....
- g. Staff help me feel important .....
- h. Staff can be trusted .....
- i. Staff expect me to try hard and do my best .....
- j. Staff tell me when I do a good job .....
- k. I could go to a staff member at the Growing Community garden for advice if I had a serious problem .....
- l. Staff listens to what I have to say .....
- m. Staff ask me to plan, choose or lead activities.....
- n. Staff treats all kids fairly .....

7. How would you rate your overall experiences working in the Growing Community garden?

- Excellent     Good     Fair     Poor

8. In what ways do you think your life is different (better or worse) because of the Growing Community garden?

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*Questions 9 and 10 contain a list of changes that you may or may not have experienced because of your participation in the Growing Community garden. For example, some gardeners may have increased their physical activity because of their work in the garden, yet some individuals' physical activity may not have changed. Those that are more physically active because of the garden should select the response that most closely matches their experience, either "agree" or "strongly agree." Those that were highly physically active before participating in the garden and/or do not feel that their level of physical activity changed should select the response that most closely matches their experience, either "disagree" or "strongly disagree."*

9. Please indicate how much you agree or disagree with following statements.

*Because I work in the Growing Community garden ...*

- |  | <u>Yes</u>               | <u>Kind of</u>           | <u>Not really</u>        | <u>Don't know</u>        |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| a. I eat more fruits and vegetables .....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I eat more organic food.....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I eat food that is fresher (less packaged food) .....                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I eat less fast food .....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. I eat more foods that are traditional for my culture/<br>/family background ..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. I eat new kinds of food .....   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I spend less money on food .....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h. I am better able to provide food for my family and<br>myself.....                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- i. I feel better about where my food comes from .....
- j. I am more physically active.....

10. Please indicate how much you agree or disagree with following statements.

*Because I work in the Growing Community garden ...*

	<u>Yes</u>	<u>Kind of</u>	<u>Not really</u>	<u>Don't know</u>
a. I have learned more about gardening.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. I have gained new gardening skills .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. I have learned about running a small business .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. I know more about the environment .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. I care more about the environment.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. I feel more involved in this neighborhood....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. I have made new friends .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. I feel a stronger connection to my culture...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. I feel safer in this neighborhood.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. I spend more time with my family .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

11. The following list contains some changes you may or may not have experienced because of participating in the Growing Community garden. Please indicate how much you agree or disagree with following statements.

*Because I work in the Growing Community garden ...*

	<u>Yes</u>	<u>Kind of</u>	<u>Not really</u>	<u>Don't know</u>
a. I get along better with other people my age .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. I am better at making friends.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. I make better decisions.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. I am better planning ahead .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. I am better at setting goals.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. I am better at solving problems .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. I am more of a leader .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. I work better with others on a team .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. I am better at telling others about my ideas and feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. I am better at listening to other people .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. I am better at taking care of problems without violence and fighting.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. I feel I have more control over things that happen to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. I feel better about myself .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n. I feel better about my future .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o. I feel I can make more of a difference .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

12. Has participating in this garden helped you start a small business or earn money from gardening?

- Yes       No

13. Do you have any additional comments regarding the Growing Community garden?

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*These last questions are about you. The information will be used to help categorize your answers by these demographic descriptors.*

14. Are you ...  Male  Female

15. What is your age?

- 12 years or younger  13 years  14 years  15 years  
 16 years  17 years  18 years or older

16. What best describes your race/ethnicity? [Check all that apply]

- American Indian, Eskimo or Aleut  Black or African American  Hispanic or Latino  
 Asian or Pacific Islander  White or Caucasian  Bi-racial/Multi-racial  
 Other \_\_\_\_\_

17. What is your home zip code? \_\_\_\_\_

*Thank you!*